

Starters

- Soup of the Day** served with soda bread €5.95
- Arch Bar Wings** €10.95
Hoisin BBQ or Hot & Spicy wings served with blue cheese mayo and celery (1,3,6,7,9,10,12)
- Cheesy Garlic Ciabatta** €7.95
Toasted ciabatta with garlic & parsley butter and mozzarella cheese served with garlic mayo (1,3,7,12)

Salads

- Goats Cheese Salad** €10.95
Goats cheese, beetroot, walnuts, honey and mixed leaves with a balsamic vinaigrette dressing (6,7,8,10,12)
- Classic Caesar Salad** €10.95
Cos lettuce, crispy bacon, croutons and parmesan cheese tossed in our homemade Caesar dressing (1a, 3, 4, 6, 7, 8, 12) **Add Chicken €3**
- Buddha Bowl** €11.95
Tomato, onion, cucumber, broccoli, sweet potatoes, quinoa, kale, avocado and chickpeas with a tahini dressing (1,6,10,11,12)
- Add chicken to any Salad €2.50**

From the Carvery Counter

- Roast Strip of Beef** €18.95
Roast striploin served with mash, roast potatoes, roast vegetables, stuffing and gravy (1,6,7,9,12)
- Turkey & Ham** €18.95
Roast Turkey and honey glazed ham served with mash, roast potatoes, roast veg, stuffing and gravy (1,6,7,9,12)

Mains

- Beef Lasagne** €16.95
Beef lasagne with a bechamel sauce, mozzarella cheese, vine tomatoes and garlic bread and served with a choice of chips or salad (1,3,6,7,9,10,12)
- Bangers & Mash** €15.95
Served with herd mashed potatoes, rich onion gravy and crispy onions (1, 6, 7, 9, 10, 12)
- Thai Noodle Stir Fry** **Chicken** €16.95 • **Vegetarian** €14.95
Onion, pepper, broccoli and beansprouts in a garlic & ginger stir fry sauce topped with crushed peanuts and spring onion (3,5,6,8,9,10,12) (peanuts only in the crushed peanut topping)
- Pesto Cream Pasta** €17.95
Seasonal vegetables, spinach, cherry tomatoes, basil cream sauce and parmesan cheese (1, 6, 7, 8, 12)
- Beef Cheek Stew** €15.95
Beef cheek, onions, celery, carrots, parsnips and potatoes in a red wine stew served with soda bread (1,3,6,9,10,12)
- Beer Battered Cod** €16.95
Cod goujons served with tartar sauce, mint pea puree and a side of choice (1,3,4,6,7,9,10,12)

Burgers

- The 'Star' of the Arch** €15.95
8oz beef patty topped with double cheese, double bacon, lettuce, tomato, onion, gherkin, crispy onions and dill pickle mayo (1,3,6,7,10,11,12)
- The Chicha Burger** €15.95
Piri Piri spiced chicken breast with lettuce, tomato, onion and Piri Piri mayo (1,3,6,7,10,11,12)
- The Spicy Breaded One** €16.95
Buttermilk Chicken with cheese, lettuce, tomato, onion and harissa mayo (1,3,6,7,9,10,11,12)
- Buns 'n Salad** €15.95
Chickpea and roasted red pepper patty topped with tomato, red onion, rocket and Ballymaloe relish (1,3,6,7,9,10,11,12)

Sandwiches

- The Arch Bar Special Sambo** €12.95
Roast Beef, pickled red cabbage, white cheddar, crispy onions, gherkins and mayo on a granary bread (1,3,6,7,12)
- Toasted Special** €9.95
Ham, cheese, tomato, red onion and Ballymaloe (1, 6, 7, 10, 12)
- Chicken & Stuffing Sandwich** €10.95
Now served with Homemade Stuffing, Lettuce, Onion and Basil Mayo (1, 3, 6, 7, 12)
- Chicha Wrap** €11.95
Piri chicken, roasted red pepper, red onion, tomato, mozzarella and piri piri mayo (1,3,6,7,9,10,12)
- BBQ Chicken Wrap** €11.95
Chicken, bacon, Asian slaw, tomatoes, mozzarella and hoisin BBQ (1,6,7,9,10,12)
- Turkey Sambo** €10.95
Turkey, lettuce, tomato, cranberry sauce and mayo (1,3,6,12)
- Tuna Melt** €10.95
Tuna & sweetcorn, tomato, red onion & white cheddar (1,3,4,6,7,12)
- Arch Bar Club Sandwich** €12.95
Roast Chicken, Honey glazed ham, white cheddar, lettuce, tomato and mayonnaise on toasted white bread (1,3,6,7,12)
- Goat Cheese Ciabatta** €10.95
Fig jam, roasted red pepper, goats cheese and mixed leaves on a toasted ciabatta (1,3,6,7,12)
- Tofu Masala Sandwich** €10.95
Spiced tofu, vegan yogurt, red onion, cucumber, baby gem and tomato chutney on a toasted ciabatta (1,6,9,12)

Above sandwiches served with a choice of chips, wedges or house salad

Sides

- Chips** €4.95
Wedges €4.95
House Salad €4.50
Sauté Baby Potato €5.95
Mash €4.95
Roast Vegetables €4.95
Stuffing €2.95
Sauté Mushrooms €4.95
Crispy Onions €2.95

Dips

- Garlic Mayo** €1.50
Harissa Mayo €1.50
Piri Piri Mayo €1.50
Blue Cheese €1.50
BBQ Sauce €1.50
Hot Sauce €1.50
Burger Sauce €1.50
Gravy €1.50
Pepper Sauce €2.25



Lunch Menu

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Allergens

1 - Cereals (Gluten) • 2 - Crustaceans (Shellfish) • 3 - Eggs • 4 - Fish • 5 - Peanuts • 6 - Soybeans • 7 - Milk • 8 - Nuts
• 9 - Celery • 10 - Mustard • 11 - Sesame Seeds • 12 - Sulphur Dioxide & Sulphates • 13 - Lupine • 14 - Molluscs