

## Starters

<b>Soup of the Day</b> served with soda bread	€5.95
<b>Arch Bar Wings</b> Hoisin BBQ or Hot & Spicy wings served with blue cheese mayo and celery (1,3,6,7,9,10,12)	€10.95
<b>Cheesy Garlic Ciabatta</b> Toasted ciabatta with garlic & parsley butter and mozzarella cheese served with garlic mayo (1,3,7,12)	€7.95

## Salads

<b>Goats Cheese Salad</b> Goats cheese, beetroot, walnuts, honey and mixed leaves with a balsamic vinaigrette dressing (6,7,8,10,12)	€10.95
<b>Classic Caesar Salad</b> Cos lettuce, crispy bacon, croutons and parmesan cheese tossed in our homemade Caesar dressing (1a, 3, 4, 6, 7, 8, 12) <b>Add Chicken €3</b>	€10.95
<b>Buddha Bowl</b> Tomato, onion, cucumber, broccoli, sweet potatoes, quinoa, kale, avocado and chickpeas with a tahini dressing (1,6,10,11,12) <b>Add chicken to any Salad €2.50</b>	€11.95

## From the Carvery Counter

<b>Roast Strip of Beef</b> Roast striploin served with mash, roast potatoes, roast vegetables, stuffing and gravy (1,6,7,9,12)	€18.95
<b>Turkey &amp; Ham</b> Roast Turkey and honey glazed ham served with mash, roast potatoes, roast veg, stuffing and gravy (1,6,7,9,12)	€18.95

## Mains

<b>Beef Lasagne</b> Beef lasagne with a bechamel sauce, mozzarella cheese, vine tomatoes and garlic bread and served with a choice of chips or salad (1,3,6,7,9,10,12)	€16.95
<b>Bangers &amp; Mash</b> Served with herd mashed potatoes, rich onion gravy and crispy onions (1, 6, 7, 9, 10, 12)	€15.95
<b>Thai Noodle Stir Fry</b> <b>Chicken €16.95 • Vegetarian €14.95</b> Onion, pepper, broccoli and beansprouts in a garlic & ginger stir fry sauce topped with crushed peanuts and spring onion (3,5,6,8,9,10,12) (peanuts only in the crushed peanut topping)	€15.95
<b>Pesto Cream Pasta</b> Seasonal vegetables, spinach, cherry tomatoes, basil cream sauce and parmesan cheese (1, 6, 7, 8, 12)	€17.95
<b>Beef Cheek Stew</b> Beef cheek, onions, celery, carrots, parsnips and potatoes in a red wine stew served with soda bread (1,3,6,9,10,12)	€15.95
<b>Beer Battered Cod</b> Cod goujons served with tartar sauce, mint pea puree and a side of choice (1,3,4,6,7,9,10,12)	€16.95

## Burgers

<b>The 'Star' of the Arch</b> 8oz beef patty topped with double cheese, double bacon, lettuce, tomato, onion, gherkin, crispy onions and dill pickle mayo (1,3,6,7,10,11,12)	€15.95
<b>The Chicha Burger</b> Piri Piri spiced chicken breast with lettuce, tomato, onion and Piri Piri mayo (1,3,6,7,10,11,12)	€15.95
<b>The Spicy Breaded One</b> Buttermilk Chicken with cheese, lettuce, tomato, onion and harissa mayo (1,3,6,7,9,10,11,12)	€16.95

<b>Buns 'n Salad</b>	€15.95
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Chickpea and roasted red pepper patty topped with tomato, red onion, rocket and Ballymaloe relish (1,3,6,7,9,10,11,12)

## Sandwiches

<b>The Arch Bar Special Sambo</b> Roast Beef, pickled red cabbage, white cheddar, crispy onions, gherkins and mayo on a granary bread (1,3,6,7,12)	€12.95
<b>Toasted Special</b> Ham, cheese, tomato, red onion and Ballymaloe (1, 6, 7, 10, 12)	€9.95
<b>Chicken &amp; Stuffing Sandwich</b> Now served with Homemade Stuffing, Lettuce, Onion and Basil Mayo (1, 3, 6, 7, 12)	€10.95
<b>Chicha Wrap</b> Piri chicken, roasted red pepper, red onion, tomato, mozzarella and piri piri mayo (1,3,6,7,9,10,12)	€11.95
<b>BBQ Chicken Wrap</b> Chicken, bacon, Asian slaw, tomatoes, mozzarella and hoisin BBQ (1,6,7,9,10,12)	€11.95
<b>Turkey Sambo</b> Turkey, lettuce, tomato, cranberry sauce and mayo (1,3,6,12)	€10.95
<b>Tuna Melt</b> Tuna & sweetcorn, tomato, red onion & white cheddar (1,3,4,6,7,12)	€10.95
<b>Arch Bar Club Sandwich</b> Roast Chicken, Honey glazed ham, white cheddar, lettuce, tomato and mayonnaise on toasted white bread (1,3,6,7,12)	€12.95
<b>Goat Cheese Ciabatta</b> Fig jam, roasted red pepper, goats cheese and mixed leaves on a toasted ciabatta (1,3,6,7,12)	€10.95
<b>Tofu Masala Sandwich</b> Spiced tofu, vegan yogurt, red onion, cucumber, baby gem and tomato chutney on a toasted ciabatta (1,6,9,12)	€10.95

**Above sandwiches served with a choice of chips, wedges or house salad**

## Sides

<b>Chips</b>	€4.95
<b>Wedges</b>	€4.95
<b>House Salad</b>	€4.50
<b>Sauté Baby Potato</b>	€5.95
<b>Mash</b>	€4.95
<b>Roast Vegetables</b>	€4.95
<b>Stuffing</b>	€2.95
<b>Sauté Mushrooms</b>	€4.95
<b>Crispy Onions</b>	€2.95

## Dips

<b>Garlic Mayo</b>	€1.50
<b>Harissa Mayo</b>	€1.50
<b>Piri Piri Mayo</b>	€1.50
<b>Blue Cheese</b>	€1.50
<b>BBQ Sauce</b>	€1.50
<b>Hot Sauce</b>	€1.50
<b>Burger Sauce</b>	€1.50
<b>Gravy</b>	€1.50
<b>Pepper Sauce</b>	€2.25



# Lunch Menu

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#### Allergens

1 - Cereals (Gluten) • 2 - Crustaceans (Shellfish) • 3 - Eggs • 4 - Fish • 5 - Peanuts • 6 - Soybeans • 7 - Milk • 8 - Nuts  
• 9 - Celery • 10 - Mustard • 11 - Sesame Seeds • 12 - Sulphur Dioxide & Sulphates • 13 - Lupine • 14 - Molluscs