

## Starters

- Soup of the Day** served with soda bread €5.95
- Arch Bar Wings** €9.95  
Hoisin BBQ or Hot & Spicy wings served with blue cheese mayo and celery (1,3,6,7,9,10,12)
- Cheesy Garlic Ciabatta** €7.95  
Toasted ciabatta with garlic & parsley butter and mozzarella cheese served with garlic mayo (1,3,7,12)

## Salads

- Goats Cheese Salad** €10.95  
Goats cheese, beetroot, walnuts, honey and mixed leaves with a balsamic vinaigrette dressing (6,7,8,10,12)
- Pear & Vegan Cheese Salad** €10.95  
Mixed leaves, sweet potatoes, roast pear, vegan cheese and almond with a mint & ginger vinaigrette dressing (6,8,12)
- Buddha Bowl** €10.95  
Tomato, onion, cucumber, broccoli, sweet potatoes, quinoa, kale, avocado and chickpeas with a tahini dressing (1,6,10,11,12)
- Add chicken to any Salad €2.50**

## From the Carvery Counter

- Roast Strip of Beef** €17.95  
Roast striploin served with mash, roast potatoes, roast vegetables, stuffing and gravy (1,6,7,9,12)
- Turkey & Ham** €17.95  
Roast Turkey and honey glazed ham served with mash, roast potatoes, roast veg, stuffing and gravy (1,6,7,9,12)

## Mains

- Beef Lasagne** €15.95  
Beef lasagne with a bechamel sauce, mozzarella cheese, vine tomatoes and garlic bread and served with a choice of chips or salad (1,3,6,7,9,10,12)
- Bangers & Mash** €14.95  
Served with herd mashed potatoes, rich onion gravy and crispy onions (1,6,7,9,10,12)
- Thai Yellow Curry**  
Onions, peppers and green beans in a fragrant coconut yellow curry sauce served with basmati rice (6,9,10,12)
- Chicken** €14.95 · **Vegetarian** €13.95
- Ratatouille Rigatoni** €13.95  
Mediterranean vegetables in a rich tomato & basil sauce topped with feta cheese (1,3,6,7,9,10,12)
- Beef Cheek Stew** €14.95  
Beef cheek, onions, celery, carrots, parsnips and potatoes in a red wine stew served with soda bread (1,3,6,9,10,12)
- Beer Battered Cod** €14.95  
Cod goujons served with tartar sauce, mint pea puree and a side of choice (1,3,4,6,7,9,10,12)

## Burgers

- The 'Star' of the Arch** €14.95  
8oz beef patty topped with double cheese, double bacon, lettuce, tomato, onion, gherkin, crispy onions and dill pickle mayo (1,3,6,7,10,11,12)
- The Chicha Burger** €14.95  
Piri Piri spiced chicken breast with lettuce, tomato, onion and Piri Piri mayo (1,3,6,7,10,11,12)
- The Spicy Breaded One** €15.95  
Buttermilk Chicken with cheese, lettuce, tomato, onion and harissa mayo (1,3,6,7,9,10,11,12)
- Buns 'n Salad** €14.95  
Chickpea and roasted red pepper patty topped with tomato, red onion, rocket and Ballymaloe relish (1,3,6,7,9,10,11,12)

## Sandwiches

- The Arch Bar Special Sambo** €12.95  
Roast Beef, pickled red cabbage, white cheddar, crispy onions, gherkins and mayo on a granary bread (1,3,6,7,12)
- Toasted Special** €9.95  
Ham, cheese, tomato, red onion and Ballymaloe (1,6,7,10,12)
- Chicken & Stuffing Sandwich** €10.95  
Now served with Homemade Stuffing, Lettuce, Onion and Basil Mayo (1,3,6,7,12)
- Chicha Wrap** €11.95  
Piri chicken, roasted red pepper, red onion, tomato, mozzarella and piri piri mayo (1,3,6,7,9,10,12)
- BBQ Chicken Wrap** €11.95  
Chicken, bacon, Asian slaw, tomatoes, mozzarella and hoisin BBQ (1,6,7,9,10,12)
- Turkey Sambo** €10.95  
Turkey, lettuce, tomato, cranberry sauce and mayo (1,3,6,12)
- Tuna Melt** €10.95  
Tuna & sweetcorn, tomato, red onion & white cheddar (1,3,4,6,7,12)
- Arch Bar Club Sandwich** €12.95  
Roast Chicken, Honey glazed ham, white cheddar, lettuce, tomato and mayonnaise on toasted white bread (1,3,6,7,12)
- Goat Cheese Ciabatta** €10.95  
Fig jam, roasted red pepper, goats cheese and mixed leaves on a toasted ciabatta (1,3,6,7,12)
- Tofu Masala Sandwich** €10.95  
Spiced tofu, vegan yogurt, red onion, cucumber, baby gem and tomato chutney on a toasted ciabatta (1,6,9,12)

**Above sandwiches served with a choice of chips, wedges or house salad**

## Sides

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|--------------------------|-------|
| <b>Chips</b>             | €4.95 |
| <b>Wedges</b>            | €4.95 |
| <b>House Salad</b>       | €4.50 |
| <b>Sauté Baby Potato</b> | €5.95 |
| <b>Mash</b>              | €4.95 |
| <b>Roast Vegetables</b>  | €4.95 |
| <b>Stuffing</b>          | €2.95 |
| <b>Sauté Mushrooms</b>   | €4.95 |
| <b>Crispy Onions</b>     | €2.95 |

## Dips

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|-----------------------|-------|
| <b>Garlic Mayo</b>    | €1.50 |
| <b>Harissa Mayo</b>   | €1.50 |
| <b>Piri Piri Mayo</b> | €1.50 |
| <b>Blue Cheese</b>    | €1.50 |
| <b>BBQ Sauce</b>      | €1.50 |
| <b>Hot Sauce</b>      | €1.50 |
| <b>Burger Sauce</b>   | €1.50 |
| <b>Gravy</b>          | €1.50 |
| <b>Pepper Sauce</b>   | €2.25 |





# Lunch Menu

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## Allergens

1 - Cereals (Gluten) • 2 - Crustaceans (Shellfish) • 3 - Eggs • 4 - Fish • 5 - Peanuts • 6 - Soybeans • 7 - Milk • 8 - Nuts  
• 9 - Celery • 10 - Mustard • 11 - Sesame Seeds • 12 - Sulphur Dioxide & Sulphates • 13 - Lupine • 14 - Molluscs